

PREMIUM SPORTS FIRST AID KIT

	PRODUCT	USED FOR
2	Gauze Swabs 7.5cm X 7.5X 5s	Applying lotions and bathing of wounds
1	Thermal Blanket	Cover Casualty - (When Cold or Windy) - Treat Shock
1	Premium Sports Tape 38mm X 13.7mm	Rigid Strapping - Suitable for Taping Ankle
10	Latex Gloves	Hygiene
1	Plastic Bag	Disposal of blood soiled dressings
1	Leukofoam 10cm X 15cm	Orthopaedic Support Foam Can Help Stop Blisters Rubbing
1	Triangular Bandage	Fracture Immobilisation - Sling
1	Cultiplast Dressings Adhesive 7.2cm X 5.0cm X 5 sets	Wound Dressing -covering of minor cuts.
1	Cutliplast Dressings Adhesive 10.0cm X 8.0cm x 5s	Wound Dressing -covering of larger cuts
2	Tricose 5.0cm X 5.0cm (Small) non stick	Cover Wound for Protection of smaller Wounds
2	Tricose 7.5cm X 7.5cm (Large) non stick	Cover Wound For Protection of Larger Wounds
2	Leukostrip 6mm X 76mm	Wound Closure Strip eg bring wound edges together
2	Betadine Swab sticks	Cleaning Wound - Antiseptic
1	First Aid Strips x 24's	Minor Cuts/Abrasions
2	Saline Plastic Ampules	Eye irrigation / Cleaning Wound
1	Conforming Gauze Bandage 2.5cm	Secures Dressing in Place Small wound
1	Conforming Gauze Bandage 5.0cm	Secures Dressing in Place Medium wound
1	Conforming Gauze Bandage 7.5cm	Secures Dressing in Place Large wound
2	Crepe Bandage Medium weight 7.5cm	Wound Cover - Secures Dressing in place General purpose / light compression
1	Crepe Bandage Heavy Duty 7.5cm	Compression Strapping/Support (ankle) Wound Cover - Secures Dressing in Place.
1	Crepe Bandage Heavy Duty 10.0cm	Compression Strapping/Support (Knee) Wound Cover - Secures Dressing in Place.
1	Leukopor Tape 2.5cm	Secures Dressing / ideal for sensitive skin
1	Betadine Liquid	Wound Cleaning antiseptic
1	Leukoplast Tape 2.5cm X 2.5m	Stretch Strapping - Finger Tape
1	Forceps Stainless Steel	Tweezers for Splinter Removal - Keep Sterile
1	Scissors Stainless Steel	Cut Dressings and bandages
10	Disposable Splinter Probes	Discard After Use - Safely
1	Metsal Cream 50gm	Relief from muscular pain (Not to be used on a New Soft Tissue Injury for the first 48 hrs) Used after Rest .Ice .C.ompression Elevation .R.eferral
2	Cutinova Thin 5.0cm X 6.0cm	Hydro (Water) active Wound Dressing For Blisters & Open Wounds (Place Directly over cuts for blood rule problems.)
1	Handy Tubular Bandage Size D	Knee/Arm Dressing retains dressings in place & gives compression
1	Leukoplast Tape 2.5cm X 5.0m	Rigid Strapping - Strapping Ankles

RECOMMENDED EXTRAS

1	Resuscitation Mask	Trainer Should have received recent training in use
1	Universal Shears	Cutting Dressings & Clothing
1	Examination Torch	
	Assorted Sizes Tubular Bandage	Secure dressing on difficult areas
	Assorted Sizes Surgifix Net Bandage	Secure dressing high body movement areas
1	Sun Screen 15 Plus	Protection from sun & Ultra Violet Rays
	Sports Injury Pack	Cold Pack, & Compression Bandage for initial Treatment of Soft Tissue Injuries Rest .Ice .C.ompression Elevation .R.eferral
1	Water Bottle	Fluid Replacement

***Please make sure you replace any products used
All Items are available at your Local National Pharmacies Store***