



FLINDERS MEDICAL CENTRE



Program Management of Lower Limb Injuries and Conditions

Date: Friday 17th and Saturday 18th September 2010

Venue: 5E521, Level 5, Flinders Medical Centre
BEDFORD PARK

Car parking available in the multistorey car park adjacent FMC or
In the University Car park 1 (Day tickets from machine \$3.80)

Session Time: Friday 17th September 8:00am – 4:30pm
Saturday 18th September 9:00am – 3:30pm

Cost: \$500 (includes reading materials, morning and afternoon teas and lunch)
Online payment: log on to www.smasa.asn.au

Learning objectives:

As a result of this activity participants will be able to:

- Demonstrate a sound knowledge of the structure and function of the lower limb; demonstrate a sound knowledge of common and dangerous diseases and trauma; distinguish the numerous aetiologies; understand the interrelation between the biological, psychological and social aspects of injury, disease, treatment, rehabilitation and long term recovery.
- Systematically examine the lower limb and identify possible sources of pain/dysfunction; assess the evidence for different clinical practices and analyse examining procedures of the musculoskeletal system; integrate a knowledge of the musculoskeletal system with a knowledge of biomechanics, occupational factors, and mechanisms of injury.
- Arrive at a rational functional diagnosis of the patient and devise appropriate further cost effective investigations and management;
- Understand the role and impact of medical, surgical and non-surgical treatments; know how and when to refer to appropriate specialists in a cost-effective, efficient and informative manner.

Friday 17th September 2010

Time	Topic	Presenter	Coverage
8.00 - 9.00	Differential diagnosis	Greg Lovell, Sports Physician	Common conditions/ presentation/diagnosis
9.00 - 10.30	Anatomy Pelvis/hip/thigh/knee ankle	David Campbell, Orthopaedic Surgeon	Clinical anatomy
10.30 – 11.00	Morning tea		



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11.00 - 12.30	Examination	Greg Lovell, Sports Physician	Rational examination
12.30 - 1.15	Lunch		
1.15 - 2.15	Pain chronic	Pain clinic	Long term management
2.15 - 3.15	Hip conditions	Peter Dobson, Orthopaedic Surgeon	OA, THR, GrT bursistis, arthroscopy
3.15-3.30	Afternoon tea		
3.30-4.30	Knee conditions - ortho	David Martin, Orthopaedic Surgeon	ACL, MCL, PCL Menisci, OA TKR

Saturday 18th September 2010

Time	Topic	Presenter	Coverage
9-10	Biomechanics - lower limb	Andrew Leipus, Physiotherapist	Injury, normal function and rehabilitation
10-10.45	Ant knee pain	Tim Morris Physiotherapist	PF rehab, pat disloc
1045-1100	Morning tea		
11-12	Vascular claudication	Peter Subramaniam, Vascular Surgeon	Vascular compromise in lower limb
12-1230	Lunch		
1230-1330	Radiology	Matt Sampson Radiologist	Lower limb – xray/US/bone scan/CT/MRI injections
1330-1430	Rheumatology	Malcolm Smith, Rheumatologist	RA, gout, NSAID
1430-1530	Ankle/foot conditions	Andrew Potter, Sports Physician	Ankle sprain, AT, PF

Note: Presenters and times may change due to clinical and surgical demands

