

# TENDONS



Sunday, 7 March 2010 – Sydney Olympic Park

An interactive, clinically-oriented Activity Learning Module dedicated to the assessment and management of acute and chronic tendon injuries – typical presentation, underlying pathology, clinical assessment, physical examination, principles of rehabilitation and emerging medical interventions.

- 8:30 **Introduction and welcome**  
Dr Corey Cunningham
- 8:40 Normal tendons – anatomy and function  
Dr Stuart Watson
- 9:00 Injured tendons – definitions, structural changes and pathophysiology  
Dr Scott Burne
- 9:30 Painful tendons – clinical features and principles of management  
Dr Ken Crichton
- 10:00 Imaging tendons – the role of ultrasound and MRI  
Dr Craig Harris
- 10:30 **Morning Tea**
- 11:00 Treating tendons – Eccentric loading programs  
Dr Michael Jamieson
- 11:30 Treating tendons – Tablets, patches and injections  
Dr John Orchard
- 12:00 Clinical workshop 1 – shoulder, elbow and wrist  
Dr Donald Kuah      Dr Ruth Highet  
Dr Kevin Boundy      Dr Seamus Dalton  
Dr John Lennard      Dr Michael Jamieson
- 1:00 **Lunch**
- 2:00 Clinical workshop 2 – hamstring, hip and groin  
Dr Scott Burne      Dr John Orchard  
Dr Mark Young      Dr Karen Soo  
Dr Steve Reid      Dr Richard Brown
- 3:00 Clinical workshop 3 – knee, Achilles and lower limb biomechanics  
Dr Ruth Highet      Dr Ken Crichton  
Dr Mark Young      Dr Ameer Ibrahim  
Dr Stuart Watson      Dr Richard Brown
- 4:00 Summary, Question time
- 4:30 **Close**

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Register and pay online or  
download registration form and  
fax to +61 2 9223 4066

Numbers limited to 100 delegates

