



Cycling Conference

17 January 2010



8.15 am		Registration
8.50 am	5 min	Conference Opening
9.00 am	40 min	Keynote Address: Mr Shayne Bannan Australian Cycling Pathway <i>AIS / CA National Performance Director, Head Coach</i>
9.40 am	15 min	Mr David Hayes Life on the road – day to day care of the elite cyclist <i>Physiotherapist / Soigneur</i>
10.00 am	20 min	Dr Peter Barnes Injuries - Keeping them on the Road <i>TDU Chief Medical Officer</i>
10.20 am	30 min	Morning Tea
10.50 am	15 min	Mr Stan Garland Injury prevention in elite and recreational cyclists <i>AIS - Track Cycling Team Physiotherapist</i>
11.05 am	10 min	Ms Anna Meares Riding with Injuries <i>Australian Olympic Cyclist</i>
11.15 am	20 min	Ms Matti Clements Sport & Mental Health <i>AIS - Performance Psychology Consultant</i>
11.35 am	30 min	Dr David Martin Trends in Monitoring Training <i>AIS - Senior Sports Physiologist</i>
12.05 pm	30 min	Professor Louise Burke Train Low - carbohydrates <i>Head of Department, Sports Nutrition AIS</i>
12.35 pm	65 min	Lunch
1.40 pm	10 min	Mary Safe / Tony Fox?? Road Safety <i>Amy Gillett Foundation</i>
1.50 pm	35 min	Keynote Address: Dr Nick Brown Biomechanical factors that influence performance and injuries <i>AIS - Head of the Department of Biomechanics and Performance Analysis</i>
2.25 pm	10 min	Mr Patrick Jonker Surviving the Tour <i>Australian Olympic Cyclist</i>
2.35 pm	20 min	Dr Geoff Thompson Sports Physician at Olympics 2000 and Paralympics 2008 <i>Medical issues with Para cyclists</i>
2.45 pm	10 min	Mr Nick Wood What type of bike to buy for the recreational, Older rider, novice rider and tri-athlete <i>Co-owner of Mega Spin Cycling Training, Director of Pedaltek Fitness</i>
3.00 pm		Conference Close